

Prostate Cancer Survivorship Questionnaire

Following prostate cancer treatment, some patients develop erectile dysfunction and/or prolonged bladder health issues. Complete both sides of this questionnaire to assess your sexual and bladder health. Treatment options are available to you, as needed.

Date: _____
 Patient name: _____
 Birth date: _____
 Phone: _____
 My urologist: _____

Sexual Health Inventory for Men (SHIM)¹

Answer the sexual health questions by circling your answers and adding up your score.

Over the past 6 months:

1. How do you rate your confidence that you could get and keep an erection?						
	Very low 1	Low 2	Moderate 3	High 4	Very high 5	
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?						
No sexual activity 0	Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always or always 5	
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?						
Did not attempt intercourse 0	Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always or always 5	
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?						
Did not attempt intercourse 0	Extremely difficult 1	Very difficult 2	Difficult 3	Slightly difficult 4	Not difficult 5	
5. When you attempted sexual intercourse, how often was it satisfactory for you?						
Did not attempt intercourse 0	Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always or always 5	
<p>The Sexual Health Inventory for Men (SHIM) classifies ED severity with the following breakpoints:</p>						<p>SHIM Score (add the corresponding numbers from questions 1-5)</p>

6. Check ED treatments you have tried:

Pills/Medication Vacuum Device Injection Therapy Suppositories Wave Therapy Homeopathic

Please provide any additional information that you would like to discuss (optional).

1. Cappelleri JC, Rosen RC. The Sexual Health Inventory for Men (SHIM): a 5-year review of research and clinical experience. *Int J Impot Res.* 2005 July-Aug;17(4):307-19.